



WAKE COUNTY HUMAN SERVICES

RESOURCE GUIDE 2014(REVISION)

Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use.

Please contact Contina Bell at contina.bell@wakegov.com or 212-7593 for changes or updates.

Version 06/2014

WAKE COUNTY HUMAN SERVICES RESOURCE GUIDE

TABLE OF CONTENTS

| | |
|--|-------|
| BUDGETING/CREDIT COUNSELING..... | P. 3 |
| CRISIS HOTLINES | P. 4 |
| CLOTHING & HOUSEHOLD GOODS..... | P.6 |
| EDUCATIONAL RESOURCES..... | P. 9 |
| EARLY EDUCATION RESOURCES..... | P. 14 |
| EMPLOYMENT RESOURCES..... | P. 15 |
| Jobs for Life Programs..... | P.18 |
| ENTREPRENEURIAL RESOURCES..... | P.19 |
| EXOFFENDER RESOURCES..... | P. 20 |
| FINANCIAL ASSISTANCE..... | P.22 |
| FOOD RESOURCES | |
| Food Pantries..... | P. 25 |
| Daily Meals..... | P.28 |
| FNS/SNAP benefits..... | P. 28 |
| HOUSING: | |
| Shelters..... | P.29 |
| Transitional Housing..... | P.32 |
| Other Housing Programs/Services | P.35 |
| Are You Ready To Rent?..... | P.37 |
| Fair Housing..... | P.39 |
| Subsidized Housing..... | P.41 |
| Home Ownership & Foreclosure Prevention..... | P.42 |
| Home Repair and Rehabilitation..... | P.43 |
| HYGIENE SERVICES (TOILETRY/LAUNDRY/SHOWERS)..... | P.44 |
| IDENTIFICATION | P.45 |
| (Birth, Death, Divorce, Marriage, Social security cards, Driver's License, & Homeless I.D.) | |
| LATINO RESOURCES..... | P.46 |
| LEGAL SERVICES..... | P.48 |
| MEDICAL CARE: | |
| Medical Care – Homeless/Uninsured..... | P.49 |
| HIV/AIDS Services | P.52 |
| Prescription Assistance..... | P.54 |
| Mental Health & Substance Abuse Services | P.55 |

| | |
|--|-------------|
| Dental Care..... | P.59 |
| Eyecare Assistance..... | P.59 |
| Hearing Aid Assistance..... | p.61 |
| PREGNANCY AND CHILD CARE: | P.62 |
| REFUGEE RESOURCES..... | P.63 |
| SENIOR SERVICES..... | P.64 |
| TRANSPORTATION..... | P.66 |
| VETERAN SERVICES..... | P.68 |
| YOUTH SERVICES..... | P.70 |

(phone number area codes 919 unless otherwise specified)

BUDGET COUNSELING

Latino Community Credit Union (La Cooperativa Latina)855-9696
1420 Hardimont Road, Raleigh, N. C. 27609 Info available at
<http://www.cooperativalatina.org>

Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Valid picture ID required to open an account.

Triangle Family Services821-0790
3937 Western Blvd., Raleigh, N. C. 27603. Info available at
<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

Wake County Human Services
Supported Housing Program.....212-9379
220 Swinburne Rd Raleigh 27602

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

Hope Community Church.....532-0620
821 Buck Jones Rd., Raleigh 27606
www.gethope.net

Provides personal budget counseling and Financial Peace University to get out of debt, stay out of debt, and build wealth.

Good Work.....682-8473
P.O.Box 6013, Raleigh 27628
www.goodwork.org

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability

North Carolina Real Enterprises.....781-6833

3739 National Dr. #110, Raleigh 27612

www.ncreal.org

Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available.

Consumer Education Services Inc. (CSI).....785-0725

3700 Barrett Drive Raleigh 27609

www.cesisolutions.org

Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self paced.

National Council on Economic Education

www.councilforeconed.org

Computer based learning for youth grades K-12.

www.making-change.org

Online money management education to help people improve their financial lives

www.spendingonmainstreet.org

Practical personal financial advice

www.FDIC.gov

Money Smart Program is a comprehensive financial education curriculum designed to help low/moderate income individuals outside the financial mainstream to enhance their financial skills. Free curriculum.

CRISIS HOTLINES

Alcoholics Anonymous (AA) (24 hour hotline)..... 919-783-6144

Al-Anon919-713-1516

Al-Ateen..... 919-787-1653

Carolinas Poison Center - In case of an emergency poisoning, call
1-800-222-1222

CDC National STD and AIDS Hotline800-232-4636

English Service provided 24 hours a day, seven days a week.

Spanish Service 8:00 a.m. – 2:00 a.m., seven days a week.. 800-232-4636

Hotlines provide callers with anonymous and confidential answers to questions about sexually transmitted diseases (STDs) and HIV/AIDS. Referrals also provided.

Child Abuse and Neglect Reporting (Wake County Human Services)212-7990

..... Or 212-7000
Crisis Intervention Hotline.....919-545-0224

7 days, 24 hours. Provides serves to victims of domestic violence, domestic abuse and sexual assault.

Drug Helpline 1-800-662-4357

Gay and Lesbian Helpline800-844-7410

Provides general information on issues affecting the gay and lesbian population; also provides information and referrals for services.

Holly Hill Respond (Crisis Intervention)919-250-7000

3019 Falstaff Rd., Raleigh, N. C. 27604

The RESPOND department provides crisis phone, assessment, and admission services 24 hours a day, seven days a week and serves as the emergency department of Holly Hill Hospital.

Hopeline.....919-231-4525

7 days, 24 hours. Crisis and suicide prevention. Provides confidential, nonjudgmental, caring listening for community members facing life difficulties or crisis.

Interact Rape Crisis Hotline919-828-3005

www.interactofwake.org

24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and information and support for their friends and family members.

Interact Domestic Violence Hotline919-828-7740

24 hour hotline for battered women, victims of domestic violence.

Interact SAFE Center919-828-3067

24 hours hospital counseling and support

Mental Health and Substance Abuse Emergencies (Wake County)

..... 250-1260

National Runaway Switchboard.....800-786-2929
7 days, 24 hours. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

Teen Talk Line.....231-3626
24 hours a day: Offers teens an opportunity to talk to trained volunteers about important issues in their lives.

**United Way Resource
Information.....211**
Information referral service serving Chatham, Durham, Orange, and Wake counties

Wrenn House Youth Crisis Hotline.....833-3312
600 W. Cabarrus Street. Raleigh 27603
www.havenhousenc.org
Serves youth ages 10-17 that are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

CLOTHING & HOUSEHOLD GOODS

Brooks Avenue Church of Christ.....821-2400
700 Brooks Avenue, Raleigh, NC 27607
www.brooks.org
2nd and 4th Saturday of each month, 9:00am-12:00noon. No referral required.

Catholic Parish Outreach.....873-0245
2013 N. Raleigh Blvd, Raleigh, 27604
www.cporaleigh.org
Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.D Card required for all family members receiving assistance. Clothing for children (up to children's size 4); maternity clothing for expectant mothers. Limited supply of baby items.

First Baptist Church 832-4485
99 North Salisbury Street, Raleigh, NC 27601
www.fbcraleigh.org
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.

Garner Area Ministries.....772-9100
562 Village Court, Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.)
www.gam.nc.org
Monday, Wednesday, and Friday, 9:00am – 12:00pm. *Must be a resident of the Garner area.*

Helping Hand Mission 829-8048
623 Rock Quarry Road, Raleigh, NC 27610
Monday- Friday, 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.
Furniture discounted with referral. Price set by establishment.

Junior League of Raleigh Bargain Box 833-7587
401 Woodburn Avenue, Raleigh, NC 27605
Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.

Life Care Pregnancy Center 873-2442
1001 Navaho Drive, Suite 101, Raleigh, NC 27609
www.pregnancylifecare.org
Appointment required. Clothes provided for expecting mothers, babies up to 12 months and baby items for participants in the Life Skills Program. Also provides parenting skills, budgeting skills and pregnancy tests by appointment. M-TH 9a.m-2p.m., Tues. 6:30p.m-8:30p.m.

Salvation Army..... 834-6733
1863 Capital Blvd. , Raleigh, NC 27610
www.keepthebellringing.org
Appointments for clothing are made each Monday morning for Friday of the same week. Must bring a Social Security card for each member of the family needing clothes and a N. C.ID, Homeless ID or Prison ID of the person shopping at the clothing closet. Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months.

The Salvation Army Family Store and Donation Centers
205 Tryon Rd. Raleigh 27603.....779-8867

902 Old Wake Forest Rd, Raleigh 27616.....832-6918
Mon-Fri., 10am-6pm; Sat 9am-6pm.

Dress for Success Triangle (formerly Soroptimist).....286-2128
1390 Capital Blvd, Raleigh, NC 27603
www.triangle@dressforsuccess.org
Professional clothing provided. Referral from partner agency required (see website for list of partners). Appointments call 665-4500

With Love from Jesus233-8010
421 Chapanoke Road, Raleigh, N. C. 27601
Public distribution hours: 9:00 a.m. – 2 p.m. Tuesday, Wednesday, Friday and Saturday.
Clothing provided as well as other home furnishings, diapers, etc., when available. They ask for \$3.00 donation to shop for items. No charge for each individual item. No I.D or proof of income required.

Dorcas Thrift Shop.....469-1351
187 High House Rd, Cary 27511
www.dorcas-cary.org
Monday through Friday, 10am-6pm; Thur. 9am-7pm; Saturday, 9am-5pm.
Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.

Garner Area Ministries.....772-9100
562 Village Court, Garner, NC 27529
Thrift Store --Monday –Thursday, 9am-1pm; Friday, 9am-5pm,

Goodwill Industries834-0504
321 West Hargett Street, Raleigh, NC 27601
www.goodwillenc.org/retail.html
Monday- Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.

Thrift 'n Gift.....651-0482
900 E. Chatham Street, Cary NC 27511
www.seedofmustard.org
Mon-Fri 10a-5:30p; Sat 9a-5:30p. Clothing, furniture, household goods.

Victory Temple Ministries.....567-2399
www.victorytemplemin.org
300 Rogers Street, Holly Springs 27540
Clothing closet

Craigslist.....www.craigslist.com
Search for free furniture in the FREE offering section.

The Green Chair Project.....322-0474
1853 Capital Blvd, Raleigh
www.thegreenchair.org
Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners.

Morrison Outreach Ministries of Transformation Christian Center
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346
Thursdays 11a.m.-12p.m.

Pass It On Thrift.....557-8020
www.interactofwake.org
309 S. Main Street, Fuquay Varina, NC 27526
Upscale new and used clothing sold. Operating Tues.-Fri. 9:30a-5:30p.,
Sat.10a-4p.

Pass It On Too.....865-1601
www.interactofwake.org
1012 Oberlin Rd., Raleigh, NC 27605
Operating Mon.-10a-4p, Tues.-Fri. 10a-6p, Sat.-10a-4p.

Habitat for Humanity.....833-6768
2420 Raleigh Blvd, Raleigh 27604

181 High House Rd. Cary 27511.....380-7512
The Re-Store is a thrift store open to the public and sells building material,
furniture, appliances, flooring, lumber, and a wide variety of home improvement
items at discounted prices. Mon-Fri 10a-6p; Sat 9a-5p.

EDUCATIONAL RESOURCES

Goodwill Industries of Eastern North Carolina.....941-9600
321 West Hargett Street, Raleigh, North Carolina 27601
Beginning computer skills are taught: Introduction to Computers,
Introduction to Internet and Email, and Introduction to Office Applications.

Call about registration days and times. Also, tutorials available online at <http://gcflearnfree.org>

Tutorials available online at www.GCFLearnFree.org

GED/Adult Basic Education/English as a Second Language Classes:

Forest Hills Baptist Church: 828-6161
201 Dixie Trail, Raleigh, NC 27607
ESL - September through May. Wednesdays 6:00 - 7:45 p.m.;
Sundays 9:30 - 10:45 a.m.

Wake Cross Roads Baptist Church.....266-2957
3329 Forestville Rd, Raleigh., 27616
ESL Classes Sunday 9a-10:30a

Raleigh Rescue Mission: 828-9014
Learning Center/Computer Lab: Educational Coordinator
314 E. Hargett St., Raleigh, NC 27601
GED and Adult Basic Education Mon-Thurs 2pm-4pm. Computer
skills, money management, life skills, bible studies, and ESL classes
as needed.

Wake Tech Adult Education Center: 334-1500
1920 Capital Blvd., Raleigh, NC 27604
Adult Basic Education/General Educational Development (ABE/GED)
classes are for students who want to learn reading, writing and math
(Adult Basic Education) and/or who want to complete a high school
equivalency (GED) diploma.
Monday through Thursday 8:00 a.m. – 9:00 p.m.; Friday 8:00 a.m. –
5:00 p.m.
GED, ABE, ESL, and Basic Skill classes offered. Various class
schedules available.

Wake County Human Services.....212-7781
220 Swinburne Street, Raleigh, 27610
Onsite GED classes. T-W-Th 9am-12 and 6pm-8:30pm

First Presbyterian Church.....833-4070
120 W. Hargett Str., Raleigh 27601
Mon, Tues, and Thurs (with free childcare)

North Carolina Community College System807-7100

200 West Jones Street, Raleigh, N. C. 27603

www.nccommunitycolleges.edu

Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs). Contact any of your local community colleges for information on enrollment in classes.

Step Up Ministry781-0156

1701 Oberlin Road, Raleigh, NC 27608

www.step-up.us

Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes a phased, incentive-driven curriculum that encourages spirituality, self-awareness and connection as building blocks to success.

Wake County Public School System850-1600

3600 Wake Forest Road, Raleigh, N. C. 27609; Mailing Address: P. O. Box 28041, Raleigh, N. C. 27611-8041

www.wcpss.net

Monday through Friday 8:00 a.m. – 5:00 p.m.

Haven House Services.....833-3312

600 W. Cabarrus Str., Raleigh 27603

www.havenhouseenc.org

Provides structured programs for middle school and high school students that are on long term suspension from Wake County Public School. GED online program for completion of high school diploma, independent living programs for ages 16-23, gang prevention programs, therapy, and life skills classes and outreach to homeless or displaced youth are also offered.

Literacy Council of Wake County.....787-5559

916 West Morgan Str., Raleigh 27603

www.wakeliteracy.org

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutoring training available. Access to library and computer lab for participants. Free of charge.

Sylvan Learning Centers (Wake County locations)

1040 Darrington Dr. #101, Cary 27513.....380-1201

2347 Timber Dr., Garner 27529.....779-2229
 1008 E. Big Oak Crt., Knightdale 27545.....217-0600
 3200 Spring Forest Rd., Raleigh 27616.....713-0038
 7209 Creedmoor Rd., Raleigh 27604.....844-9441
 12339 Wake Union Church Rd, Wake Forest 27587.....888-732-8109

<http://tutoring.sylvanlearning.com>

Sylvan Learning is the leading provider of tutoring and supplemental education services to students of all ages and skill levels. At Sylvan warm and caring tutors tailor individualized learning plans that build the skills, habits and attitudes students need to succeed in school and in life. Affordable tutoring instruction is available in math, reading, writing, study skills, homework help, test prep and more.

COLLEGES/UNIVERSITY

North Carolina State University.....5152011
 Hillsborough Str., Raleigh 27695

www.ncsu.edu

North Carolina State University is a comprehensive university known for its leadership in education and research, and globally recognized for its science, technology, engineering and mathematics leadership.

Meredith College.....760-8600
 3800 Hillsborough Str., Raleigh 27607

www.meredith.edu

Chartered in 1891, Meredith College has grown to become one of the largest independent private women’s colleges in the U.S. We offer a comprehensive liberal arts undergraduate education, as well as coeducational graduate programs in business, nutrition and education.

William Peace College.....508-2000
 15 East Peace Str., Raleigh 27604

www.peace.edu

Peace is a liberal arts and sciences college offering four-year baccalaureate degrees in a variety of programs designed to give you the education and skills you need to build successful lives and careers

Shaw University.....836-9433
 118 East South Str., Raleigh 27601

www.shawuniversity.edu

Shaw University, founded in 1865, is the first historically black

college of the South. Shaw is a private, co-educational, liberal arts university affiliated with the Baptist Church. The University awards degrees at both the undergraduate and graduate levels.

Saint Augustine University.....516-4000
1315 Oakwood Ave., Raleigh 27610
www.st-aug.edu

Augmenting the College's liberal arts core curriculum are rigorous, in-depth programs in business; computer science; teacher education; the natural sciences; mathematics; interdisciplinary studies; theater and film; adult education; community development; communications; and military science, a required course for all members of the College's notable Army ROTC battalion

Miller Motte Technical College.....723-2820
3901 Capital Blvd., Raleigh 27604
2205 Walnut Str., Cary, NC 27518.....532-7171
www.miller-motte.com

The following is a list of the program offerings at the Raleigh, NC location:
Accounting | Accounting Assistant | Cosmetology | Dental Assisting | Medical Assisting | Paralegal | Medical Office Assistant | Network Administration and Security

ECPI College of Technology.....866-708-6173
4101 Doie Cope Rd., Raleigh 27613
www.ecpi.edu/campus/raleigh_nc

Earn Your Bachelor's Degree in 2.5 Years through our Year-Round Schedule

- [Network Security](#)
- [Web Development](#)
- [Wireless Systems](#)
- [Business Administration](#)
- [Criminal Justice](#)
- [Healthcare Administration](#)
- [Food Service Management](#)
- [Electronics Engineering](#)
- [Game Programming](#)
- [Database Programming](#)
- [Mechatronics](#)
- [Nursing](#)
- [Homeland Security](#)
- [IT Management](#)

[Associate Degrees](#) Also Available -- Earn in 1.5 Years

Strayer University
8701 Wadford Dr. Raleigh 27616.....301-6500

3421 Olympia Dr. Raleigh 27603.....890-7500
4 Copley Pkwy., Morrisville 27560.....466-4400

www.strayer.edu

Undergraduate and graduate programs in high-demand fields such as accounting, business, criminal justice, education, health services administration, information systems, and public administration are available at this campus.

EARLY CHILDHOOD EDUCATION

Telamon Corporation.....851-7611

5560 Munford Rd., Raleigh 27612

www.telamon.org

Head Start Programs: Raleigh...857-9427; Cary...657-0577; Knightdale...266-1953

Ages 0-3 and 3-5 programs available

More at Four/Early Head Start.....851-9550/747-7892

1121 Situs Court Raleigh 27606

www.wakesmartstart.org

Project Enlightenment for parent education and family support for enhancement of child development through parent education.

More at 4 Program prepares 4 year olds not enrolled in preschool for success in school.

Serving ages 0-5.

Division of Child Development and Early Education.....527-6500

820 S. Boylan Avenue, Raleigh, NC 27603

Mailing Address: 2201 Mail Service Center Raleigh, N. C. 27699-2201

Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.

<http://www.ncchildcare.net>

STEM for Kids.....297-8366

www.stemforkids.net, fun@stemfirkids.net

A Raleigh based organization that provides, day camps, after school and in school programs focused on Science, Technology, engineering, and Math. Hands on experience for children grades K-7. Programs in robotics, computer game making, aerospace, mechanical engineering. Supported by Wake County Commission.

Childcare Subsidy.....212-7376

220 Swinburne Rd, Raleigh, NC 27610

www.wakegov.com/ccs

Apply for Childcare assistance for daycare, before and after-school care.

EMPLOYMENT RESOURCES

Culinary Job Training Program (Interfaith Food Shuttle).....250-0043

1001 Blair Drive, Raleigh, N. C. 27610

www.foodshuttle.org

11-week culinary (chef) training program. Resume and interviewing skills, job placement. All materials provided, and students receive weekly stipend.

Employment Security Commission.....212-3849

Job Service Offices: 3351 Carl Sandburg Court Raleigh 27610

724-F East Chatham St., Cary, N. C. 27511469-1406

www.ncesc.com

Monday- Friday 8:30 a.m. – 5:00 p.m.

Register at a local office and get access to information on Jobs Line

212-5700

Goodwill Industries..... 828-7490

321 W. Hargett Street, Raleigh, NC 27601

Employment opportunities in retail setting for individuals with disabilities or social disadvantages.

<http://www.goodwillenc.org>

Capital Area Workforce Centers.....250-3770/212-7000

Wake County Human Services Center, 220 Swinburne Street, 3rd Floor, Raleigh, N. C. 27610

Monday – Friday, 9:00 a.m. – 4:15 p.m; Tuesdays open until 8:00 p.m.

The Career Center is located in the Wake County Human Services Center on Swinburne Street provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Note: There are several career centers in Wake County. For locations and hours of operation, visit website at

www.ncworks.gov

Step Up Ministries..... 781-0156

1701 Oberlin Road, Raleigh, N. C. 27608

www.step-up.us

This community of diverse faiths partners works with individuals to provide skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job

retention, goal setting and practical steps toward wage growth, education and training.

North Carolina Division of Services for the Blind 733-9822
2601 Mail Service Center, Raleigh, NC 27699

www.dhhs.state.nc.us/dsb or www.visionaware.org

Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.

Telamon..... 851-6141
5560 Munford Rd. #201, Raleigh 27606, Raleigh, NC 27606

www.telamon.org

Employment training for migrant/seasonal farm workers.

Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates provided

Vocational Rehabilitation Services.....733-7807
1300 St. Mary's Street, Raleigh, NC 27617.....(1) 888-479-6095

www.ncdhhs.gov

VR employment services provide opportunities to persons who have mental, physical, or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.

Capital Area Workforce Center.....856-6040
2321 Crabtree Blvd, Raleigh, NC 27604

Monday – Friday, 8:30 a.m. – 5:15 p.m.

Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

NC Labor Department Wage and Hour Bureau.....807-2796

www.nclabor.com

Responsible for enforcement of Wage and Hour Act, wage disputes, info on youth employment laws, controlled substance examination, and personnel services companies. Also at 1 800 NC LABOR

NC State Industrial Commission.....807-2500

www.ic.nc.gov

430 N. Salisbury Str., Raleigh, NC 27601

Workmen's compensation dispute claims handled. Also at 1 800 688-8349

Jobs for Life

Jobs for Life (JfL) is a national non-profit organization that offers a unique solution to poverty and joblessness in communities and for individuals across the country. Jobs for Life equips churches and community organizations with the materials they need to lead JfL classes, teaching men and women timeless biblical principles concerning work and the ways those principles are applied in the marketplace. With JfL, communities and businesses are transformed through the dignity of work.

Colonial Baptist Church, **233-9100**, 6051 Tryon Rd, Cary NC 27518 www.colonial.org

Dorcas Ministries, **469-9861**, 187 High House Rd, Cary NC 27511 www.dorcas-cary.org

Community of Hope, **201-1211**, 601 St. Mary's St, Garner NC 27529 www.communityofhopeministries.org

Trinity Baptist Church, **787-3740**, 4815 Six Forks Rd, Raleigh NC 27609 www.tbcraleigh.com

North Raleigh Ministries, **850-9735**, 9650 Strickland Rd #161, Raleigh NC 27615
www.northraleighministries.com

Neighbor to Neighbor, **833-7218**, 1200 S. Blount St, Raleigh NC 27601 www.n2noutreach.org

Celebration Family Church, **954-8800**, 8700 Capital Blvd, Raleigh NC 27616 www.celebrationchurchnc.com

The Encouraging Place, **834-7626**, 1012 N. Blount St, Raleigh NC 27604 www.theencouragingplace.org

Edenton Street UMC, **832-7535**, 228 W. Edenton St, Raleigh NC 27603 www.esumc.org

Northpark Church, **790-9898**, 600 Mt. Vernon Church Rd, Raleigh NC 27614 www.discovernorthpark.com

Providence Baptist Church, **326-3000**, 6339 Glenwood Ave, Raleigh NC 27612 www.pray.org

Catholic Charities, **821-9700**, 7200 Stonehenge Dr, Raleigh NC 27613 www.dioceseofraleigh.org

Grace AME, **834-9286**, 1401 Boyer St Raleigh NC 27610 www.gracechurchraleigh.org

Salvation Army of Wake County, **828-0911**, 1863 Capital Blvd, Raleigh NC 27611 www.keepthebellringing.org

Friendship Chapel Baptist Church, **556-1759**, 237 Friendship Chapel Rd, Wake Forest NC 27587 www.freindship-chapel.org

Dew4Him Ministries, **868-5931**, 614 Arendell Ave, Zebulon NC 27597 www.dew4him.org

Step Up Ministries, **781-0156**, 1701 Oberlin Rd. Raleigh NC 27608 www.stepupministry.org

ENTREPRENEURIAL RESOURCES

Good Work, 682-8473, www.goodwork.org

N.C. Small Business Technology Development Center, 715-7272.
www.sbtdc.org

N.C. Cooperative Extension, 515-2813, www.ces.ncsu.edu

N.C. Institute for Minority Economic development and Women's
business Center, 956-8889,

U.S. Small Business Administration, 404-331-4999, www.sba.gov

The Small Business Resource Guide (City of Raleigh office of
Economic Development), 996-2707, www.raleigh4u.com

Wake Tech Small Business Center, 335-1001, www.waketech.edu

EXOFFENDER RESOURCES

Department of Corrections Re-entry Coordination.....716-3100
2020 Yonkers Rd, MSC 4221, Raleigh 27699

Community Success Initiative.....834-7626
1116 N. Blount Str., Raleigh 27604

www.communitysuccess.org

NO FINANCIAL ASSISTANCE! Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our "Resource Center Without Walls". We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship, financial literacy, and areas related to transitioning back into family and community life.

Step Up Ministries.....781-0156
1701 Oberlin Rd., Raleigh 27605

www.step-up.us

Providing second chances for those committed to living independent, responsible and constructive lives. Year long program focusing on education and job preparation. Some job placement provided.

Capital Area Workforce Center.....856-6040
2321 Crabtree Blvd, Raleigh, NC 27604

Monday – Friday, 8:30 a.m. – 5:15 p.m.

Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

Passage Homes.....834-0666
712. W. Johnson Str., Raleigh 27603

www.passagehome.org

Providing re-entry and support services for female ex-offenders and their children.

Second Chance Alliance.....856-3194
224 S. Dawson Str., Raleigh 27601 **or 861-2061**

www.ncjustice.org

Advocacy agencies working together to achieve the safe and successful reintegration of adults and juveniles returning home from incarceration by promoting policy that removes barriers to productive citizenship. Details regarding expunction of criminal records and certificates of relief.

Diversity Community Foundation.....888-521-7986

410 N. Boylan Ave, Raleigh 27603

www.dcfcares.org

A nonprofit organization 501 c(3) that provides academic, social and educational services for youth ages 8 through 21 who have a disadvantage due to lack of financial and social acceptability, education, job skill or experience. This program provides access to educational, literacy advancement, life skills, athletics, cultural enrichment and career readiness for those who have the desire and drive to excel, but historically have not been granted the opportunity or access to programs that enhance that desire.

Employment Security Commission.....212-3849

3351 Carl Sandburg Crt., Raleigh 27610

www.ncesc.com

Assists job seekers with criminal background, older workers, summer youth, and persons with disabilities.

Fathers Forever.....779-9905

or (800)246-7090

451 New Bern Ave. #130-227, Raleigh 27610

www.afatherforever.com

Fathers Forever is a non-profit organization that serves as a map to help fathers chart a new course of fatherhood. Our aim is to make a lasting impression and difference in the lives of fathers through classes and support groups. Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a preventative measure. We will also take referrals from other community support agencies.

North Carolina Prisoner Legal Services Inc.....856-2212

1110 Wake Forest Rd., Raleigh 27604

www.ncpls.org

Non-profit agency protecting client's constitutional rights by challenging illegal convictions and sentences. Also monitors of conditions in county jails throughout the state.

FINANCIAL ASSISTANCE

American Red Cross.....231-1602

www.trianglaredcross.org

100 North Peartree Lane, Raleigh 27610

Providing assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc.

Church Net.....569-0020

121 East South Ave., Wake Forest 27587

Assistance provided to residents of Wake Forest, Youngsville, and New Hill for past due utilities. ID and social security cards required.

Dorcas Ministries..... 469-1351

187 High House Rd, Cary 27511

www.dorcas-cary.org

Monday- Friday 10 a.m. – 1:00 p.m. Emergency financial assistance for rent, utilities, and prescriptions for only residents of Cary, Apex, Holly Springs, Willow Springs, Friendship, New Hill and Morrisville areas. Food pantry, gas, educational, and childcare assistance also available. Proof of residence and picture ID required.

First Presbyterian Church Outreach Ministry 833-4070

1240 W. Hargett Street, Raleigh, NC 27601

Must call for an appointment: Monday starting at noon & Tuesdays starting 9:30 until appointments are filled. Must be working at least 30 hours or disabled or retired receiving assistance, some type of benefits.

Garner Area Ministries.....772-9100

562 Village Court, Garner, NC 27529

Monday- Friday, 9-12 p.m. Serves residents of Garner and closely surrounding areas (zip codes 27603, 27610). Past due utilities and rent (no eviction required). Food pantry available

Lifeline & Link-up (NC Utilities Commission)733-9277

www.usac.org

Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service.

Assurance Wireless.....888-359-4205

Safe Link Wireless.....800-977-3768

North Raleigh Ministries.....844-6676
9650 Strickland Rd, Ste.161, Raleigh 27615
Mon thru Thursday. Call for appt. between 10am-1pm. Help with rent, prescriptions, utilities, food.
Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

Sacred Heart Cathedral-Door Ministry.....832-6030
Parish office--219 W. Edenton Str., Raleigh, NC 27603
Outreach Office for appts.—16 N. Dawson Str., Raleigh NC
Please call to find out the latest information. All appointments made by attending a brief meeting at noon on posted days. Amount of assistance based on availability of funds and requirements. Closed from early June to after Labor Day

Salvation Army..... 834-6733
1863 Capital Blvd, Raleigh, NC
Call on Friday from 8-9a.m. for appt. Will pay up to \$100.00 towards a utility bill. No water bills, rent/ rent deposits, or prescription assistance. Must bring 1) NC ID card or valid photo ID, 2) Social Security card or immigrant ID card; 3) Proof of currently working 30 hours per week, or currently receiving Social Security benefits, unemployment pay or have been laid off within the past 6 months; 4) Proof of a rent/mortgage payment at the address on the bill (ex, recent rent receipt, current lease, letter on letter head from landlord, canceled check or money order receipt); 5) Final notice for a utility bill, proof of utility deposit (If disabled, must have proof of disability benefits.)

Southern Wake Faith Community in Action.....567-8100
605 Bridge Street, Fuquay Varina 27526
Tuesday and Thursday, 9am-11:45 am. Fuquay Varina and Willow Springs residents only.

Triangle Family Services/Emergency & Housing Services Assistance Program.....861-1195 (intake)/821-0790
3937 Western Blvd., Raleigh, NC 27603 (main office)
www.tfsnc.org
Financial services for eligible families with rent, utilities, and transportation. Case management and financial skill building. Emergency housing assistance for families with minor children.

Under One Roof.....571-6600
3622 Haworth Drive, Raleigh 27609

www.aas-c.org

Financial assistance with rent, utilities, and transportation for persons with HIV/AIDS by appointment only.

Wake County Human Services – Energy Program 212-7000

220 Swinburne Street, Raleigh, NC 27610

Monday- Friday 7:30 a.m. - 5:00 p.m. Must register by 4:00 p.m. Assistance with electricity with final or disconnect notice. Walk in on date of notice. Must be income eligible and meet other criteria. Food referrals available. Call for additional information.

Triangle East Fellowship of Churches.....365-6557

421 Mattox Str., Wendell 27591

Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to WENDELL RESIDENTS ONLY.

Western Wake Crisis Ministries 362-0657

103 E Chatham St., Apex, NC 27502

www.wwcm.org

Monday-Thursday 10:00 a.m. – 12:30p.

Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas. Financial assistance available with documented crisis once every 12 months.

Catholic Charities of the Diocese of Raleigh.....821-9700

www.dioceseofraleigh.org

7200 Stonehenge Drive, Raleigh, NC 27613

Private non-profit social services agency. Provides emergency assistance, family support services, counseling, and community advocacy in Spanish and English.

NC Lighthouse Foundation.....306-1031

4700 Falls of Neuse Rd, Ste. 110, Raleigh , NC 27609

www.NCLighthouseFoundation.org

NCLF provides support to chronically ill medically underserved individuals who are struggling financially to make their health care a priority.

FOOD RESOURCES

FOOD PANTRIES

One Harvest Food Ministries.....845-0470

Triangle Christian Center, 11100 Fellowship Dr., Raleigh 27617

www.oneharvest.com

Providing discount food orders purchased in bulk. Pre-ordering required. Cash transactions preferred, however some locations accept money orders debit, credit card orders, and EBT. No income restrictions. See website for list of other participating locations and monthly menu offering.

Brooks Avenue Church of Christ.....821-2400

700 Brooks Avenue, Raleigh, NC 27607

www.brooks.org

Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.

Capital City Christian Church.....851-5958

4131 Western Blvd., Raleigh 27606

1st and 3rd Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.

Catholic Parish Outreach 873-0245

2013 North Raleigh Blvd., Raleigh 27604

www.cporaleigh.org

Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.Ds required for all family members receiving assistance. Provides up to a week of groceries once every 30 days.

Dorcas Ministries.....469-1351

187 High House Rd., Cary 27511

www.dorcas-cary.org

Monday -Friday, 10:00 a.m. - 1:00 p.m; Sign in by 12:30 p.m. Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship. ID and proof of residence required.

Fuquay Emergency Food Pantry552-7720

216 West Academy Street, Fuquay Varina, NC 27526

Open Tuesday 9:00 a.m. –11:45; and Thursday 3:00 – 5:45 p.m. Willow Springs and Holly Springs residents only.

Garner Area Ministries.....772-9100
562 Village Court, Garner 27529
Monday- Friday, 9:00am-12:00noon. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available.

Longview United Methodist Church 834-7554
2312 Milburnie Rd., Raleigh, NC 27610
Food pantry on 2nd and 4th Wednesdays 12:30pm – 3:30pm. Must be a resident of Raleigh, ID required.
MUST CALL FOR AN APPOINTMENT.

North Raleigh Ministries..... 844-6676
9650 Strickland Rd., Ste. 161, Raleigh, NC 27615
Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).

Salvation Army..... 834-6733
1863 Capital Blvd., Raleigh, NC 27601
<http://www.keepthebellringing.org>
Call for appt. on Fridays between hours of 8am-9am. May receive food assistance once every 3 months. Must bring Social Security cards for household members, an NC ID card, and a recent rent receipt or proof of residence. Individuals or families must have a permanent residence to receive the food bags.

Tri-Area Ministries556-7144
149 E. Holding Ave., Wake Forest, NC 27588
Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.
Serves mainly Wake Forest, Rolesville and Youngsville residents.

Under One Roof.....571-6600
3622 Haworth Drive, Raleigh 27609
Free counseling, financial assistance and initial intake by appointment only. Walk-in food pantry and bus ticket assistance available Monday, Tuesday, Wednesday, Friday 9:00 a.m. – 4:30 p.m. and Thursday 9:00 a.m. – 5:00 p.m.

Urban Ministries Crisis Intervention Center834-4707
1390 Capital Blvd., Raleigh 27603
www.urbanministries.org
Monday- Friday 9:00 a.m. – 1:00 p.m.
Limit 25 people per day, subject to availability. Every 3 months.

Referrals made to other agencies for food also.

Wake Relief 833-6400
616 Tucker St., St Saviors Church (bottom floor), Raleigh, NC 27603
Mondays 1:00 - 3:00 p.m.; Tuesday 1pm-3pm; Wednesday and Friday 10:00 a.m. - 12:00 noon. Wake County Human Services/Financial Case Manager referral required. Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.
DIAPER TRAIN-REFERRAL REQUIRED. DISTRIBUTED ON THURSDAYS BETWEEN 10A.M-12 NOON. FAMILIES MUST RESIDE IN WAKE COUNTY. WWW.DIAPERTRAIN.ORG

Western Wake Crisis Ministries 362-0657
103 E Chatham St., Apex, NC 27502
Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.
Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.

With Love from Jesus.....233-8010
421 Chapanoke Rd., Raleigh 27603
www.withlovefromjesus.org
Distribution behind shopping center. Tues, Wedn., Fri. and Sat. distribution. No ID, proof of residence, or referral needed.

The Women's Center 829-3711
112 Cox Avenue, Raleigh 27605
www.wcwc.org
Resource for women. Food referrals available by appointment and subject to availability. Emergency food given when no other resources available.

A Place Called Hope.....662-8059
3807 Junction Blvd. Garner, NC 27529
www.aplacecalledhopechurch.com
Wednesday 11 a-2p.

Second Harvest Food Bank.....875-0707
3808 Tarheel Dr., Raleigh 27608
Call for hours.
North Carolina Food Bank
www.foodbankcenc.org

Can provide zip code specific information regarding emergency food pantry participating locations.

Morrison Outreach Ministries of Transformation Christian Center
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346
Thursdays 11a.m.-12p.m.

FOOD-MEALS

First Baptist Church 832-1649
101 S. Wilmington St., Raleigh, NC 27601.
Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m. service.

Shepherd's Table Soup Kitchen 831-2010
121 W. Morgan St., Raleigh, NC 27601
www.shepherds-table.org
Monday- Friday, hot lunch served 11:00 a.m. - 12:00 noon.

Salvation Army..... 834-6733
1863 Capital Blvd., Raleigh, NC 27601
The evening soup line is open to the public Monday- Friday from 5:00 p.m. until 6:00 p.m. No identification information is required to receive a meal through the soup line – *the soup kitchen is open to all members of the community.*

The Women's Center 829-3711
112 Cox Avenue Raleigh 27605
For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

Meals on Wheels.....833-1749 or 832-2592
616 Tucker Str., Raleigh 27603
www.wakemow.org
Home delivered meals for the disabled and home bound seniors.
Congregate dining program also available at sites throughout Wake County

FNS/SNAP Benefits

Wake County Human Services 212-7000
220 Swinburne Road, Raleigh, NC 27610

Monday- Friday, walk-in to apply 7:30 a.m. daily. The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable).

WIC (Women, Infants, and Children) PROGRAM..... 250-4720
Public Health Center

10 Sunnybrook Road, Raleigh, NC 27610

Monday- Friday 8:30 a.m. - 5:15 p.m. Call to schedule an appointment to apply. Bring proof of identification, residence and household income.

Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

HOUSING –EMERGENCY SHELTERS

Easter Seals UCP of North Carolina-ASAP.....270-8067
2315 Myron Drive Raleigh 27607 **1-800-662-7119**

www.nceasterseasupc.com

Provides emergency respite and planned respite care to children of fragile families from homelessness, substance abuse, illness, stress of parenting, etc. Services provided by trained professional and/ or volunteers in home of host family.

The Healing Place (Men’s Facility)..... 838-9800
1251 Goode Drive, Raleigh, NC 27603

Serving homeless men from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Walk ups not allowed. To enter the emergency shelter, men must be at the South Wilmington Street Center by 3pm each day for the van pickup.

The Healing Place (Women's Facility)..... 865-2550
3304 Glen Royal Road, Raleigh, NC27617

Serving homeless women from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not

allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at Blount and Hargett Streets by 3:00 pm each day for the van pick-up.

The Helen Wright Center for Women..... 833-1748
401 W. Cabarrus Street, Raleigh, NC 27603

www.urbanmin.org

Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to 4:00pm weekdays. You will be contacted when a bed is available.

Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.

*****Emergency Housing is available during White Flag nights*****

Interact..... 828-7740

Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

Raleigh Rescue Mission

314 E. Hargett Street, Raleigh, 27601

Men:.....828-9014 ext.231

Women:828-4980 ext.111

Homeless men, women, & families

Men: Life Plan Program - – Long term program that focuses on breaking the cycle of homelessness and requires participants to work inside the Mission before working in outside jobs.

Women: Emergency Shelter - Women/ and or women and children's emergency beds are assigned based on availability, Mon – Fri (closed on weekends and holidays). Arrive at 4pm to find out about availability.

Male children must be 12 years or younger.

Safe Space Inc.....(Crisis Line) 497-5444

www.safespace.org

Domestic violence shelter for Franklin county and surrounding counties. All services are provided confidentially. Crisis line operates 24/7. Open Mon-Fri 9am-5pm. Assistance shelter, financial, court advocacy, and support groups available.

Salvation Army..... 834-6733

1863 Capital Blvd., Raleigh, NC 27601

Women with children (boys 12 yrs of age and under & girls up to age 17).

Must arrive at 3pm for overnight shelter. Call to get on waiting list. Case

management provided. Case management once per week, meals three times per day, weekly parent support groups & workshops, tutoring for children, access to a children’s medical clinic, and access to our after-school program. Must pass a drug test on admission. Residents are required to work or be active in a training/treatment program after admission into shelter.

South Wilmington Street Center.....857-9428
1420 South Wilmington Street, Raleigh, NC 27603

Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. – 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent housing assistance is also available to those motivated to become self-sufficient.

**Overflow emergency shelter is available during winter White Flag nights.*

PLM Families Together.....212-1123

908-101 Plainview Drive (Administrative Office)

1410-105 Brookside Drive, Raleigh, NC836-9191

www.plmft.org

Families with children

Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Wake Interfaith Hospitality Network 832-6024

Day Center – 903 Method Road, Raleigh, NC 27606

www.wihn.org

Married Couples with or w/out children; single persons with minor children, single pregnant women in 1st or 2nd trimester. Short-term shelter program; application and background required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center.

Wrenn House (Haven House)..... 833-7866

908 W. Morgan Street, Raleigh, NC 27607

www.havenhousenc.org

Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 21 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling.

White Flag Initiative: White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

HOUSING-TRANSITIONAL HOUSING

AME Incentive Program.....834-3734

412 Capital Blvd., Raleigh 27606

Housing for men. Has a capacity of 40 beds in a shared living space. \$60 per week. Meals provided. Call on Mondays for bed availability. Service provided on a first-come-first served basis.

The Caring Place..... 462-1800

919 Kildaire Farm Rd., Cary 27511

www.caringplace.org

Working Families with children

6 Families with a maximum of three children per family. 4 Month stay. Six 2-Bedroom Units. Attendance of weekly life skills training sessions required. Must be employed, working full-time and homeless.

Incentive Housing Dormitory (IHD).....856-6109

220 Snow Avenue, Raleigh 27603

Homeless Men Returning to Self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (located inside the Cornerstone Building, Snow Ave.)

Extension of South Wilmington Street Center's transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.

Women's Center of Wake County – Epiphany House 829-3711

112 Cox Avenue Raleigh 27605

www.wcwc.org

Single Women with no children. Capacity for 4 women in a shared home.
You must call daily to inquire regarding available beds.

PLM Families Together.....212-8607

Centralized Intake Referral861-1195

908-101 Plainview Drive (Administrative Office)

www.plmft.org

Head of household must be at least age 21 (male or female). Must have child under the age of 18. Families must meet the federal definition of homelessness, have a steady source of income, no recent drug history or felony conviction, participate in weekly Mentor Advocate meetings, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Step-Up Ministry 781-0156

1701 Oberlin Rd, Raleigh 27608

www.step-up.us

Promote self-sufficiency. Program offers employment services, life skills, and transitional housing. Candidates attend a weeklong orientation before applying to any program. Orientation is open to adults 21 years or older. Must be employed for at least 6 months, full or part time, or enrolled full or part time in an educational or vocational program.

Christian Fellowship Home 833-6030

506 Cutler Str., Raleigh 27603

www.cfhraleigh.org

Half way house for men recovering from substance abuse. Referral required. Length of stay averaged 4 to 6 months. Program fee, 11pm curfew, attending AA, and work required during stay.

Passage Homes.....834-0666

712 West Johnson Str., Raleigh 27603

www.passagehome.org

Harriet House provides re entry support services for 24 months for mothers exiting prison.

Matthew House provides 12 month program for women with children experiencing homelessness.

Hustead House..... 787-8129
Caring for persons with AIDS that need daily care. Five Beds. As Long as Desired. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

Oxford House.....(800)689-6411
Kurtis Taylor 919-247-7831 as the Outreach Worker for Wake County

Karen McKinnon 919-812-8282 as the Women’s Resource Coordinator for Wake County.

www.oxfordhousenc.org / or (national website) www.oxfordhouse.org.

(There may be locations available that are not listed. Please check web page).

| | |
|-----------------------------|--------------|
| OXFORD HOUSE ARROW WOOD | 919-838-9939 |
| OXFORD HOUSE BATTLE RIDGE | 919-326-8824 |
| OXFORD HOUSE BRENTWOOD | 919-876-0206 |
| OXFORD HOUSE BRINKLEY | 919-981-6523 |
| OXFORD HOUSE CARY | 919-651-9603 |
| OXFORD HOUSE CROSSLINK | 919-755-0603 |
| OXFORD HOUSE FIRELIGHT | 919-834-8139 |
| OXFORD HOUSE GARNER | 919-329-0325 |
| OXFORD HOUSE HEARTH | 919-875-9656 |
| OXFORD HOUSE HOLLY DRIVE | 919-844-3543 |
| OXFORD HOUSE JONES FRANKLIN | 919-900-8538 |
| OXFORD HOUSE LORIMER | 919-851-1756 |
| OXFORD HOUSE MORDECAI | 919-325-9753 |
| OXFORD HOUSE NEW BERN | 919-803-4943 |
| OXFORD HOUSE NEW HOPE | 919-803-4943 |
| OXFORD HOUSE NORTH RALEIGH | 919-784-8611 |
| OXFORD HOUSE NORTH HILLS | 919-844-8311 |
| OXFORD HOUSE OAKRIDGE | 919-468-9306 |
| OXFORD HOUSE POND | 919-651-9456 |
| OXFORD HOUSE PINECREST | 919-876-9335 |
| OXFORD HOUSE STEEDS RUN | 919-803-1046 |
| OXFORD HOUSE STOCKTON DRIVE | 919-322-0685 |
| OXFORD HOUSE VAN THOMAS | 919-803-5547 |
| OXFORD HOUSE WIMBLETON | 919-781-6505 |

Emmaus House.....327-2229

10 North East Str., Raleigh 27601
www.emmaushouseofraleigh.org

Providing housing to single men in recovery. Rent fees required. Portion of rent kept in savings plan for residents to move out.

Christian Home Life.....510-5400

P.O. Box 31705 Raleigh 27622
www.christianlifhome.org

Residential maternity home for pregnant women ages 10-23. Cannot have any other children with them. Discharge from home will occur at the time of the discharge from the hospital following child's birth.

Southlight.....787-6131
3125 Poplarwood Ct. #203, Raleigh 27604 (Admin. Office)
www.southlight.org

Supervised living for pregnant and post partum homeless substance abusing women. Housing and treatment provided.

Lutheran Family Services.....832-2620
616 Hutton Str., Raleigh 27606
www.lfscarolinas.org

Transitional housing program for adults with severe persistent mental illness. Housing, transportation, job training, and clinical counseling services provided for 12 months.

Florence Crittenton Service of NC.....800-448-0024
1300 Blythe Blvd., Charlotte NC 28203 704-372-4663 (Charlotte NC)
www.fcsnc.org

Maternity Home for women ages 10-40. Application required. Referral from State social worker needed.

Sarah's House Mother/Child Residential Parenting Program-Serves girls/women in legal custody of the Dept. of Social Services (foster care) to keep teen mothers and their children together in a safe supportive environment. Length of stay varies, 24 hour supervision provided.

OTHER HOUSING PROGRAMS/SERVICES

Raleigh Housing Authority..... 919-831-6620
900 Haynes Street, Raleigh, NC 27604
Public Housing and Housing Choice Vouchers, Scattered Sties housing

Wake County Housing Authority 919-269-6404
100 Shannon Street, Zebulon, NC 27597
Public housing and Housing Choice Vouchers

Supportive Housing Program 919-212-9379
220 Swinburne Str., Raleigh, NC 27610
Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Call for dates and location,

CASA.....754-9960

624 West Jones Str., Raleigh 27610

www.casanc.org

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability. There are some limited housing for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Must have a service provider (250-1260 for list of service providers)

City of Raleigh Affordable Rental Program.....859-0044

1401 Sunday Drive, Ste. 113, Raleigh NC 27607

www.raleighnc.gov

Administered by Barker Realty (859-0044). Household must meet income requirements of at least 200% of the poverty level for the number of people in the home. Properties are within Raleigh city limits.

Subsidized Housing List

www.nchfa.com

Search for affordable housing options by area, size, price, and other categories.

Fair Housing Hearing Board.....966-5716

222 W. Hargett Street, Raleigh, NC 27601

www.raleighnc.gov

Board works to improve the public awareness of the City's Fair housing ordinance through education and outreach.

City of Raleigh Housing and Neighborhood Preservation.....966-2444

One Exchange Plaza, Ste., 504, Raleigh, NC 27601

www.raleighnc.gov

Inspects apts./houses to make sure there is no violation of minimum Raleigh housing code. City of Raleigh addresses only.

Wake County Inspections.....856-2613

Wake County Office Building (1st fl.)

336 Fayetteville St., Raleigh, 27601

www.wakegov.com

Housing-related complaints for the unincorporated areas of the county are addressed by the Wake County Inspections, Development Plans & Permits Division (IDPP). The building inspectors conduct inspections of residential dwelling complaints to determine if the homes are unsafe based on the unsafe rules of the NC State Building Code. The Wake County IDPP

Department is only responsible for inspecting homes within the unincorporated areas of the county.

Triangle Family Services/Emergency & Housing Services Assistance Program.....861-1195 (intake)/821-0790
3937 Western Blvd., Raleigh, NC 27603 (main office)
www.tfsnc.org

Financial services for eligible families with rent, utilities, and transportation. Case management and financial skill building. Emergency housing assistance for families with minor children.

ARE YOU READY TO RENT?

Before you begin your housing search, review the following steps for helpful housing hints.

FIRST: Determine what you can afford and order your credit report.

According to HUD, Affordable means:

- A family should not spend more than 30% of their gross income for rent and utilities combined.
- A family who is spending more than 50% of their gross income on housing is in serious crisis and is at a high risk for homelessness.

Multiply your monthly income by .30 to determine the maximum rent and utility you should pay.

$$\frac{\text{monthly income}}{\text{monthly income}} \times .30 = \frac{\text{affordable rent \& utility}}{\text{affordable rent \& utility}}$$

To order your credit report call:

Equifax at 1-800-685-1111 or order online at www.equifax.com

Know what's on your credit report. Take the time to improve your rating before you apply for housing.

SECOND: Determine your Move-In Costs and SAVE

Estimate the amount you'll need to move into your new home. You may have to save for some or all of the following:

| | |
|-------------------------------------|----------------|
| <i>Security Deposit</i> | <i>\$300</i> |
| <i>First Month Rent</i> | <i>\$600</i> |
| <i>Gas Deposit</i> | <i>\$150</i> |
| <i>Water Deposit</i> | <i>\$50</i> |
| <i>Telephone</i> | <i>\$150</i> |
| <i>Truck Rental -</i> | <i>\$30</i> |
| <hr/> | |
| TOTAL ESTIMATED MOVING COSTS | \$1,280 |

Note: These are only estimates. Your actual move-in costs may be more or less than \$1,280.

Deposit amounts can be very high or low and the amount depends on your credit rating, your previous pay history with the utility company and the previous utility history at the new home in which you plan to move. If you are moving, call the utility company well before you move to get an idea of what your deposit may be.

Tips:

Truck Rentals may be cheaper during the week. Call around to get the best rates.

Get family and friends to help you move instead of renting a truck.

THIRD: Locate Housing

Here are a few things to consider when choosing a home:

Do I NEED/WANT a home close to my employer to reduce gas cost and transportation fees?

Do I NEED/WANT a home in close proximity to my child's school?

Do I NEED/WANT a luxury unit with a high rent or can I take a smaller unit with a lower rent and use the money I save to pay off bills and build my emergency savings account?

Once you've made a list of your wants and needs for the type of unit you seek, check the following websites for housing resources.

www.hud.gov - select the 'A to Z' search and choose 'Subsidized Apartment Search'

www.rurdev.usda.gov - select 'List of Apartment Complexes'

www.nchfa.com - follow the 'Renters path'

FOURTH: Tips for establishing a good rental history.

TIPS:

- ✓ Pay your rent on the 1st of the month. Your rent is the most important payment and usually the largest. Make paying your rent on time a priority - always pay it first.
- ✓ Create a monthly budget and use it to plan how you'll spend your money.
- ✓ Rental agreements should be in writing. Read your lease agreement and ask questions if you don't understand the terms.
- ✓ Contact your landlord as soon as you know you'll have problems with paying your rent on time. Some landlords may work with you if you've paid your rent on time in the past and are in good standing with the landlord.

For additional information on Ready To Rent classes call 919-212- for details or visit

www.wakegov.com/humanservices/economic/housing/resources

FAIR HOUSING IS THE LAW

The Fair Housing Act prohibits discrimination in housing because of:

- Race or color
- National origin
- Religion
- Sex
- Family Status (including children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18)
- Handicap

What Housing Is Covered?

The Fair Housing Act covers most housing. In some circumstances, the Act exempts owner-occupied building with no more than four units, single-family housing sold or rented without the use of a broker and housing

operated by organizations and private clubs that limit occupancy to members.

What is Prohibited?

In the Sale and Rental of Housing: No one may take any of the following actions based on race, color, national origin, religion, sex, familial status or handicap:

- Refuse to rent or sell housing
- Refuse to negotiate for housing
- Make housing unavailable
- Deny a dwelling
- Set different terms, conditions or privileges for sale or rental of a dwelling
- Provide different housing services or facilities
- Falsely deny that housing is available for inspection, sale or rental
- For profit, persuade owners to sell or rent (blockbusting)
- Deny anyone access to or membership in a facility or service (such as a multiple listing service) related to the sale or rental of housing.

Protections For People With Disabilities

- People with handicaps are to be treated the same as other people.
- Accommodations should be made for handicapped person that are not required for others:
 - Reasonable changes or exceptions to rules may be necessary. Example: A landlord must make an exception to a “no-pets” policy to allow a tenant who is sight –impaired to live with his/her seeing eye dog.
 - Handicapped tenants must be allowed to make reasonable changes to properties if they are necessary to allow the tenants to use the property. The landlord’s duty is to permit the changes, NOT pay for them. Example: A landlord must allow a handicapped tenant to install a wheelchair ramp, but is not obligated to pay for it.
- Apartment buildings with four or more units built after March 12, 1991 must be accessible to the physically handicapped.

IF YOU ARE DISCRIMATED AGAINST YOU CAN FILE A COMPLAINT WITH:

**NC Human Relations Commission
116 W. Jones Street, Ste. 2109
Raleigh, NC 27601
(919)807-4435/ (1) 866-324-7474
WWW.DOA.STATE.NC.US/HRC**

The Commission advocates, enforces and promotes equality of opportunity in the areas of housing, public accommodations, education, justice and governmental services.

NO REASONABLE ACCOMODATION OR EMPLOYMENT COMPLAINTS

Dept. of Housing and Urban Development
451 Seventh Str., SW, Rm. 5204
Washington, DC 20410-2000
202-708-1122 /(1) 800-669-9777
WWW.HUD.GOV

Federal law prohibits housing discrimination based on your race, color, national origin, religion, sex, familial status, or disability. If you have been trying to buy or rent a home or apartment and you believe your civil rights have been violated, you can file your fair housing complaint

Housing-Subsidized
www.nchfa.org

Please see above website for complete updated list of affordable and subsidized housing units in Wake County.

Raleigh Housing Authority.....831-6620/831-6043
900 N. Haynes Str., Raleigh 27611
www.rhaonline.com
Application for Housing Choice Vouchers (Section 8) and Public Housing

Wake County Housing Authority.....269-6404
100 Shannon Str., Zebulon 27592

DHIC(Developing Housing/Improving Communities).....832-4345
113 South Wilmington Street, Raleigh 27601
ww.dhic.org
Subsidized housing, tax credit housing, senior housing and supportive housing options offered.

HOME OWNERSHIP PROGRAMS/FORECLOSURE PREVENTION

| Agency | Phone | Services |
|---|---------------------------|--|
| Triangle Family Services 3937 Western Blvd. Raleigh 27606 www.tfsnc.org | 919-821-0790 | Homebuyer Education, Loss Mitigation, Money/Debt Management, Mortgage Delinquency, and Default Resolution Counseling, |
| DHIC Homeownership Center 450 E. Davie Street Raleigh 27601 www.dhic.org | 919-832-4345 | Homebuyer education, pre-purchase counseling, revolving loan fund, foreclosure prevention |
| Passage Home CDC 712 W. Johnson Str. Raleigh 27603 www.passagehome.org | 919-834-0666 | Pre-purchase counseling, renter's assistance |
| Resources for Seniors 1110 Navaho Drive #400 Raleigh 27606 www.resourcesforseniors.com | 919-812-7933 | Home equity conversion Mortgage Counseling |
| Habitat for Humanity of Wake County 2420 Raleigh Blvd. Raleigh 27604 www.habitatwake.org | 919-833-1999 | Construction and sale of affordable homes for low-income households, www.habitatwake.org |
| USDA Rural Development www.rurdev.usda.gov | 919-934-6089 ext 4 | |

NC Housing Finance Agency.....877-5700
3508 Bush Str., Raleigh 27609 (800)393-0988

www.nchfa.org

**Low interest rates, down payment assistance, foreclosure prevention.
Also provides housing counseling**

Raleigh Area Development Authority (RADA).....807-8400
4030 Wake Forest Rd #205, Raleigh 27609

www.rada-nc.org

Foreclosure prevention services. Homeowner education.

www.fightNCforeclosure.org.....888-623-8631

Active partnership with HUD approved housing counseling agencies, legal assistance organizations, mortgage servicers and community organizations to assist home owners to avoid foreclosure

Citywide Homeownership Program.....966-4330

www.raleighnc.gov

The Citywide Homeownership Program is for first-time homebuyers (HUD defines this as someone who hasn't owned a home in the last three years) who meet income qualifications and want to buy a home in Raleigh's city limits. The homebuyer must qualify for a first mortgage from a participating mortgage lender. Applications can be obtained from participating lenders.

HOME REPAIR AND REHABILITATION

Cary Housing Rehabilitation Program.....380-2782

www.townofcary.org

316 N. Academy Str., Cary 27511

Loan program for home repairs. Loan converts to grant that is forgiven if homeowner remains in home 5 years. Elderly, disabled, and low income.

City of Raleigh Community Development.....996-4330

310 W. Martin Str., Raleigh 27610

www.raleigh-nc.org

Deferred payment home rehab loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low

income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

Weatherization Assistance Program.....713-1543

1104 Navaho Dr. #400, Raleigh 27606

www.resourceforseniors.com

Household with elderly, disabled, and children under 18. Must meet income eligibility. Can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc.

Rebuilding Together of the Triangle.....341-5980

324 S. Wilmington Str. #118, Raleigh 27601

www.rebuildingtogethertriangle.org

Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. Must meet income guidelines. Serving Wake, Durham, Chatham, and Orange counties.

Wake County Rehabilitation Program.....773-4446

Raleigh and Garner residents may apply. This program is offered to low income residents that are in need of emergency repairs to their home. Eligible repairs include but are not limited to HVAC, Well/Septic systems, and roof repairs. One time only \$5000 program limited to emergency repairs. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

HYGIENE SERVICES (Laundry, Showers, Toiletries)

Cornerstone.....508-0777

220 Snow Avenue, Raleigh 27603

M, T, Th., F- 8:30- 5pm; Wed. 1p-5p. Offering showers, laundry services, and toiletries from Mon-Fri 1:30pm-4:30pm. Subject to availability.

The Women's Center.....829-3711

112 Cox Avenue, Raleigh NC 27605

Collection of donated toiletries are distributed to those in need.

IDENTIFICATION

BIRTH, DEATH, MARRIAGE, DIVORCE, SOCIAL SECURITY CARDS, DRIVER'S LICENSE

N. C. Division of Vital

Records.....733-1511

225 N. McDowell St., Raleigh, N. C. 27601

www.vitalrecords.nc.gov

Can immediately obtain birth certificates in person from any North Carolina county. \$24.00 fee; \$15.00 fee for each additional copy. Death, marriage, and divorce certificates available also

Can use a credit card for requests online or by fax or telephone (1-800-669-8310)

Wake County Vital Records Division.....856-5218

One Bank of America Plaza

421 Fayetteville Str., #300, Raleigh

www.web.co.wake.nc.us/rdeeds

Monday through Friday 8:30 a.m. – 5 p.m. Wake County birth and death certificates. Must bring driver's license and \$10.00 fee.

For more information on birth, death, marriage and divorce certificates:

Wake County Birth certificates also issued at:

Eastern Regional Center,

1002 Dogwood Dr., Zebulon, N. C. 27597404-3900

Southern Regional Center,

130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501

Northern Regional Center

350 E. Holding Ave. Wake Forest NC.....562-6300

SOCIAL SECURITY CARDS:

Social Security Administration877-803-6311

4701 Old Wake Forest Rd., Raleigh, N. C. 27609

Monday through Friday 9:00 a.m. – 4:00 p.m. Walk-in; identification required. Takes 12 – 14 days to get card. On-line services available at

www.socialsecurity.gov/onlineservices

N. C. STATE IDENTIFICATION CARD/DRIVER'S LICENSES:

N. C. Division of Motor Vehicles816-9128
1110 New Bern Ave., Raleigh 27607
www.ncdot.org/dmv (see for list of other locations)
Many services available online.
Monday through Friday 8:00 a.m. – 5:00 p.m. Valid or expired photo ID or 3 forms of approved identification required.

OTHER ID (FOR HOMELESS INDIVIDUALS):

South Wilmington Street Center (SWSC) Resource Room857-9428
1420 S. Wilmington St., Raleigh, N. C. 27603
Friday 12:00 p.m. – 2:00 p.m.
ID FOR MEN and WOMEN

LATINO FAMILY RESOURCES

Catholic Charities.....873-0094
2013 North Raleigh Blvd, Raleigh 27604
www.cpfhraleigh.org
Family support, parenting programs, support groups. ESL, GED, HEP, computer classes available. NO FINANCIAL SERVICES

National Migrant Education Hotline.....800-234-8848
www.escort.org

National Council of La Raza202-785-1670
www.nclr.org
Advocacy organization for Hispanic rights and interests.

El Pueblo, Inc..... 835-1525
2321 Crabtree Blvd., Ste. 105, Raleigh NC 27604
www.elpueblo.org
El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels

Governor’s Advisory Council on Latino Affairs..... 733-5361
116 West Jones Str., Raleigh 27603

Hispanic Ministry Coordination..... 835-1525

Coordinates Hispanics ministries for 13 parishes in Wake and Franklin Counties

**Immigrants Legal Assistance Project - NC Justice Center..... 856-2570
224 S. Dawson St. Raleigh, NC 27601**

www.ncjustice.org

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

Harvest of Hope Foundation.....800-234-8848

www.harvestofhope.net

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services.

Interact..... 828-7501

**24 Hour Crisis Lines: Domestic Violence: 828-7740 Sexual Assault:
828-3005 Solace Center: 828-3067**

1012 Oberlin Rd Raleigh 27605

Souther Wake Outreach Center

309 S. Mian Str., Fuquay Varina 27526.....557-8025

www.interactofwake.org

Interact is a private, non-profit, United Way agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. Services are confidential and free of charge.

Latino Community Credit Union

1420 Hardimont Rd., Raleigh 27609.....855-9696

4418 Fayetteville Rd., Garner 27603..... 773-9180

www.latinoccu.org

Open Monday-Thursday; 9am-5pm and Friday 9am-6pm.

Services tailored to new immigrants

Office of Minority Health & Health Disparities, NC DHHS..... 707-5040

1110 Navaho Drive, Suite 510, Raleigh, NC 27609

www.ncminorityhealth.org

Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.

Legal Services of NC..... 828-4647
224 S. Dawson Str., Raleigh 27601 (866)219-5262
www.legalaidnc.org
Legal representation for farm workers and discrimination issues.

Lutheran Family Services..... 832-2620
616 Hutton Str., Raleigh 27606
www.lfscarolina.org
Provides a variety of refugee and immigration services

NC Society of Hispanic Professionals..... 467-8424
8450 Chapel Hill Rd., Cary 27511
www.thencshp.org
It is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth's success and school performance.”

NC Hispanic Chamber of Commerce.....782-8764
150 Fayetteville Str. #110, Raleigh 27601
www.nchispanicchamber.org

New Hope Baptist Church Hispanic Ministry.....876-5250
4301 Louisburg Road, Raleigh, NC 27604

National Alliance for Hispanic Health.....(202)387-5000
1501 16th Str. N.W. Washington DC 20036-1401
www.hispanichealth.org Helpline (866) 783-2645
Provides information to the hispanic community regarding health issues.

Raleigh International Church..... 919-875-0950
4020 Capitl Boulevard, Raleigh, NC 27604

LEGAL SERVICES

Attorney General – Consumer Protection.....Local Concerns 716-6400
or for out of area concerns1-800-566-7226
www.ncdoj.gov

Governor’s Citizen Helpline1-800-662-7952
www.governor.state.nc.us.govoffice

Legal Services of North Carolina..... 828-4647
224 S. Dawson Street, Raleigh, NC 27601

www.legalaidnc.org

Provides free legal advice and assistance for low income individuals in civil matters related to fair housing, mental disability benefits, prison issues, and justice issues.

East Central Community Legal Services.....831-2857

www.nc-van.org/directory

or 800-348-5068

130 Penmarc Dr., Ste. 101, Raleigh 27603

Provides free legal service in civil matters (disability, custody disputes, unemployment insurance disputes, public assistance disputes, tenant/Landlord issues, consumer problems, wills, elder law) to low income individuals. No Domestic violence cases or persons age 65 or older. Serving Harnett, Johnston, Lee, Sampson, and Wake counties.

N. C. Lawyer Referral Service1-800-662-7952

SouthLight (Court Services)828-4892

12 W. Martin Str., Raleigh 27601

www.southlight.org

Assists individuals with drug violations to avoid further criminal involvement by providing intervention, education and monitoring services

Rosen Law Firm 787-6668

www.rosen.com

4101 Lake Boone Trail, Ste. 118, Raleigh, NC 27607

Legal seminars conducted via webinar on topics of separation, divorce, child support, and child custody issues.

Carolina Dispute Settlement Services.....755-4646

3737 Glenwood Avenue, Ste. 370, Raleigh, NC 27612

www.notrials.com

Providing mediation services for Child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic open on Thursdays 9am-3pm. Call for appointment.

MEDICAL CARE-PRIMARY CARE

HOMELESS AND/OR UNINSURED

Horizon Health Center833-3111

1001 Rock Quarry Rd. Raleigh 27610 (Rock Quarry Rd Family Medical)

www.whsi.org

Monday- Friday 7 a.m. – 6p.

Providing services to the homeless and those in transition.

Services provided include General Primary Medical Care (Camp Physicals, Diagnostic Tests/

Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision

Screening, Immunizations, Pediatric Care, Sports Physicals).

Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health

Education, Eligibility Assistance, Substance Abuse Services, Social Workers.

Alliance Medical Ministries250-3320

101 Donald Ross Dr., Raleigh 27610

www.alliancemedicalministry.org

Monday- Friday, 9a-4p; Saturday by appt. only 9a-12p. Provides affordable health care to the uninsured. Must be employed or living with someone who is employed. No Medicaid or Medicare. Appointment required. Must be 18 or older. Bilingual services provided. This is a faith-based medical clinic for the working poor in Wake County. The clinic serves many Hispanic and other minority families and operates on a sliding fee scale.

Urban Ministry (Open Door Clinic).....832-0820

1390 Capital Blvd., Raleigh 27603

www.urbanmin.org

Health care facility providing services at no charge to uninsured, low-income residents of Wake County. The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on site. Walk-in care available for acute illness and minor injury. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services available for Spanish-speaking patients. Appointments only. Operating from 8:30a-8p.

Wake County Human Services212-7000

Public Health Center - 10 Sunnybrook Rd., Raleigh, NC 27610

www.wakegov.com/humanservices

Monday through Friday, 8:15 a.m. - 5:15 p.m. Call for appointments for all types of health care needs including education, immunizations and treatment. Public Health Clinics also at:

Southern Regional Center
130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501
Eastern Regional Center
1002 Dogwood Dr., Zebulon, N. C.404-3900
Northern Wake Health Clinic
350 East Holding Ave., Wake Forest, N. C.....562-6300
Milbrook Human Services Center
2809 E. Millbrook Rd, Raleigh, NC 27616.....431-4000
Wake Health Services, Inc. (Admin.).....255-6721
<http://www.whsi.org>

Apex Family Medicine362-5201
212 South Salem St., Apex, N. C. 27502
Monday- Friday 8:00 a.m. – 5 p.m.
Services provided include General Pharmacy, Medical Care (Camp, sports Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).
Support Services include Case Management, Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

New Bern Ridge Dental250-2930
2620 New Bern Avenue, Raleigh, N. C. 27610
Monday-Thursday 8:00 a.m. – 5:15 p.m.
Services provided include Comprehensive Dental Services, Cleanings-Hygiene, Dental Exams, Emergency Services, Extractions, Fillings, Tooth Varnishing, Fluoride Treatment, Restorative Services, Preventative & Children’s Services.
Support Services include Eligibility Assistance, Oral Hygiene Education.

Rock Quarry Road Family Medicine833-3111
1001 Rock Quarry Rd., Raleigh, N. C. 27610
Monday, Wednesday, Thursday & Friday 7:00 a.m. – 5:15 p.m.; Tuesday 7:00 a.m. – 6:00 p.m.
Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).
Support Services include Case Management, Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

Southern Wake Family Medicine557-1110

130 N. Judd Parkway NE, Fuquay Varina, N. C. 27526

Monday – Friday 8:30 a.m. – 5:30 p.m.

Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Developmental/screening, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).

Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

Shepard’s Medical.....404-2474

304 B Pony Rd Zebulon 27597

www.shepardscareclinic.com

Serving Eastern Wake County and some of Nash, Franklin, Johnson County residents (proximity to Eastern Wake county matters). Picture I.D required, proof of income and address, Ages 18-64. Must meet 200% poverty level guidelines by completing an assessment. Spanish Speaking clients welcome.

Mariam Clinic.....824-4672

3126 Blue Ridge Rd., Raleigh 27612

www.mariamclinic.org

Free for those who meet income eligibility. Must be age 18 or over. One Member of the household must be employed. Must live in or work in Wake or Durham counties. Appointments only. Call on Wednesday 10am-2pm or Thursday 2pm-5pm. Clinic hours are Sunday 1pm-5pm. Services provided Acute care, short term chronic care, referrals, discount labs and radiology services, psychiatry and counseling, and interpreter services. No emergency or obstetric services.

MEDICAL-HIV TESTING/AIDS SERVICES

Alliance of AIDS Services Carolina834-2437

324 S. Harrington Street, Ste.101, Raleigh, N. C. 27603

www.aas-c.org

Free confidential HIV testing and other STDs. Mon-Thur. 9am-12pm and 6pm-8:30pm. Appointments available also. Offering primary care and continuum of care, preventative education, counseling, substance abuse treatment, mental health counseling, nutritional counseling, food pantry,

case management, family care homes, emergency financial assistance, transportation, housing info and referrals.

Horizon Health Center (homeless population).....833-3111
1001 Rock Quarry Rd., Raleigh, N. C. 27610
Monday through Friday 8 a.m. – 5 p.m.
Provides HIV treatment services and related medical care.

National CDC Hotline1-800-458-5231
www.cdcnpin.org

St. John’s Metropolitan Community Church834-2611
805 Glenwood Ave., Raleigh, N. C. 27605
Free confidential HIV testing 2nd and 4th Saturdays 9 – 11 a.m.

Southlight832-1400
1201 Garner Rd., Raleigh 27601
Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Under One Roof (WCHS).....571-6600
3622 Haworth Dr., Raleigh 27609
Free counseling, financial assistance and initial intake by appointment only.

Strengthening the Black Family.....856-5271
568 East Lenior Str., Raleigh 27601
www.stbf.org
Free HIV testing. Basic nutrition and sex education programs for teens.

Urban Ministries834-4707
1319 Capital Blvd., Raleigh
www.urbanministries
Free confidential testing Tuesdays from 5:30 p.m. – 7:30 p.m. Last person taken at 7:00 p.m. Spanish speaking employees present.

Wake County Human Services 250-3950
Public Health Center - 10 Sunnybrook Road, Raleigh, NC 27610
All clinics will do free, confidential testing. Call for an appointment and information regarding all testing centers.
Monday through Friday 8:30 a.m. – 11:30 a.m. and Wednesday evenings from 5:00 p.m. – 7:00 p.m. at Clinic E. Spanish speaking employees available on Wednesday evenings. Testing for all STDs and treatment for

HIV/AIDS patients also done Monday through Friday at Clinic A. Call for appointments and times for Clinic A at 250-4410.

WCHS, 350 E. Holding Ave Wake Forest 27587.....562-6300

WCHS, 1002 Dogwood Dr., Zebulon 27597.....404-3900

WCHS, 130 N. Judd Pkwy., Fuquay Varina 27526.....557-2501

Women's Center829-3711

112 Cox Ave., Raleigh 27605

www.wcwc.org

Testing and counseling service

MEDICAL-PRESCRIPTIONS

Dorcas Ministries.....469-9861

187 High House Rd. Cary 27511

www.dorcas-cary.org

Assistance for Cary, Morrisville, New Hill, Friendship, and Willow Springs. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow.

Drug Assistance Program (HIV/AIDS)877-466-2232

Division of Public Health, N. C. Dept of Health & Human Services

1902 Mail Service Center, Raleigh, N. C. 27699-1902

N. C. Division of Medical Assistance.....(800)662-7030

1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27699-2501

www.dhhs.state.nc.us/dma

State resource for questions regarding Medicaid or NC Health Choice

North Raleigh Ministries.....

2431 Spring Forest Rd, Ste. 152, Raleigh 27615

Mon thru Thursday. Call for appt. between 10am-1pm. Help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

Urban Ministries834-4707

1390 Capital Blvd., Raleigh 27603

www.urbanmin.org

Prescription assistance for low-income and homeless individuals. First come first served. Once in 4 month period. N. C. ID required. Will pay copays. Monday-Friday 10am-1pm.

WakeBrook Recovery Center (Mental Health Services)250-1500
107 Sunnybrook Rd
Prescription assistance for mental health clients.

Wake County Human Services, Medicaid.....212-7000
220 Swinburne Rd., Raleigh 27610

Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible persons for prescriptions, doctor and hospital visits, vision, and dental care.

Southern Regional Center, Fuquay Varina.....557-2501

Eastern Regional Center, Zebulon.....404-3900

Northern Regional Center, Wake Forest.....562-6300

Medicare Prescription Drug Plan.....(800)633-4222

www.formularyfinder.medicare.gov

This tool will allow you to find plans in your state that match your required drug list.

www.freemedprogram.com

There are over 200 patient assistance programs in place to help people receive free medications.

www.pparx.org/Intro.php

Download access to applications for prescription assistance from individual drug providers. Must meet financial requirements

www.ncrx.gov

Help with Medicare prescription drug plan premiums

www.ssa.gov

Help with Medicare prescription drug premiums. Form SSA-1020.

MEDICAL-MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

WAKE COUNTY HUMAN SERVICES

Cornerstone 508-0777

Path and Community Outreach Team Referral Line..... 508-0770

220 Snow Avenue, Raleigh, NC 27603

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral on Tuesdays 1pm-4pm.

**Drop-In Center (A Division of Wake County Human Services)... 856-5240
567 E. Hargett St., Raleigh, NC 27601**

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of severe mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include social skills and independent living skills training, AA meetings, support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

Wake Brook Recovery Center.....250-1500

(formerly Crisis/Assessment of WCHS) Crisis Stabilization Ctr.

107 Sunnybrook Rd Raleigh 27610

24 hours mental health assessments.

Adult Treatment Center.....212-7850

220 Swinburne Rd., Raleigh 27601

Adults dealing with mental illness. Mon-Fri 8:30am-5:15pm

Easter Seals UCP North Carolina-ASAP(800)662-7119

Regional Office: 2315 Myron Drive, Raleigh, N. C. 27607

www.eastersealsupc.com

For children, adults and families who are dealing with mental health issues, Easter Seals UCP North Carolina offers a variety of supports available in the home, community, or at a clinic. Our services are structured around best-practice models, with a continuing focus on maintaining a person- center, strengths-based approach. Community Support, Respite, Intensive In-Home Therapy, Assessment, Individual Therapy and Multi-Systemic Therapy are provided.

The Healing Place of Wake County (Men's Facility)838-9800

1251 Goode Drive, Raleigh, N. C. 27603

Target Group: Homeless men, age 18 and older, who are from Wake County. Length of stay: Shelter – one night/ Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months/

Other: The Sobering- Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug problems. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4:00 p.m. each day for the van pick-up.

The Healing Place (Women’s Facility)865-2550

3304 Glen Royal Road, Raleigh, N. C. 27617

Target Group: Homeless women, age 18 and older, who are from Wake County. Length of Stay: Shelter – one night; Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women’s Center at Blount and Hargett Streets by 3:15 p.m. each day for the van pick-up.

Holly Hill Hospital250-7000

3019 Falstaff Road, Raleigh, N. C. 27610

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient’s needs is available 24 hours a day, seven days a week through the RESPOND department.

SouthLight787-6131

3117 Poplarwood Court, Suite 203, Raleigh 27604 (Administrative offices)

www.southlight.org

SouthLight is an organization which offers numerous services for substance abuse including assessment, education, treatment, counseling, youth and juvenile offender services, court services, intervention, intensive outpatient treatment, methodone treatment, independent living skills, supervised living services. SouthLight also offers a wide variety of programs to address these issues. If you would like more information about the admission process, services or facilities, please call the above number. Below are just a few of the programs/services offered:

Adult Services832-4453

2101 Garner Rd., Suite 107, Raleigh 27610

Adult/Adolescent Services.....872-7373

1012 Oberlin Rd, Raleigh 27604

- Judicial Services.....828-4892**
12 W. Martin Street, Raleigh, N. C. 27601
- CASAWORKS/Perinatal Programs, Fuquay, N. C.557-6967**
Residential program for pregnant/post-partum women
- Triangle Family Services821-0790**
3937 Western Blvd, Raleigh 27609
Individual, group, and family counseling. Fees based on a sliding fee scale.
- UNC Alcohol and Substance Abuse Program966-60339**
1101 Weaver Dairy Rd., Chapel Hill, N. C. 27514
www.med.unc.edu.alcohol or (888)457-7457
Outpatient mental health and substance abuse services. Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. Mon-Fri 9am-6pm
- Catholic Social Ministries.....821-9764**
715 Nazareth Str., Raleigh 27606
www.dioceseofraleigh.org
- Jewish Family Services.....676-2200**
8210 Creedmoor Rd., Raleigh 27613
www.shalomraleigh.org
- Women’s Center.....829-3711**
112 Cox Avenue, Raleigh 27605
www.wcwc.org
Providing support services and mental health counseling to women in need.
- Armstrong House.....601-8551**
www.armstronghouse.org
Armstrong House is a supportive housing organization which provides transitional housing for recovering alcoholics and substance abusers. We are run by, and for, those actively seeking recovery. We are a welcome place for men who are vested in living a life of recovery. We have several locations in Raleigh.
- Life Resources of NC.....896-8520**
www.lrofnc.com
6608 Six Forks Rd, Ste. 202, Raleigh NC 27615

Outpatient clinic that serves children, adults, and families with individual , family, and group counseling, psychiatric evaluations, medication management, speech therapy EAP programs. Yoga classes for youth, adults, family also offered. Currently accepting Medicaid, Health Choice, BCBS, and self- pay and sliding scale discount for outpatient services

ASPIRE972-7440

**UNC Chapel Hill-Dept. Psychiatry, 2218 Nelson Hwy.Ste1
Chapel Hill, NC 27517**

www.psychiatry.unc.edu/aspire

Organization provides a range of service for children adolescents, and young adults with ASD spectrum, Bipolar, or Schizophrenia disorder.

MEDICAL-DENTAL

Wake Smiles.....250-2952

2620 New Bern Ave. Raleigh 27610

www.rwcads.com

Dental care for children. Eligibility forms located at Wake Health Services, Raleigh Rescue Mission, and Horizon Health services. Must be approved before making an appointment.

Wake Tech Dental Hygiene.....747-0126

Health Sciences Building, 2nd Floor

2901 Holston Ln., Raleigh 27610

<http://dentalhygiene.waketech.edu>

Dental Cleaning, fluoride treatments, sealants, and radiography performed By supervised students. Clinic hours vary according to semester schedule. Appointment only. Referrals given for additional dental work needed.

UNC Chapel Hill Dental School.....966-2805

Manning Dr. & Columbia Ave, Chapel Hill

www.dent.unc.edu

Services provided for children beginning age 4 and adults. Application Required. Two clinic sessions held Mon-Fr from 10am-1pm & 2pm-5pm. Monthly drawings held to determine patient selection. Some fees apply.

MEDICAL-EYECARE

Division of Services for the Blind.....(866) 222-1546

Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 (if

listed on income tax return as dependents). Co-pays to providers are required.

UNC Department of Ophthalmology.....966-5296

130 Mason Farm Rd., Chapel Hill, NC

Free or low cost eye exams for people of all ages. Income verification is required. Call 966-5296 with questions regarding financial assistance.

EyeCare America.....(800)222-3937

www.eyecareamerica.org

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible callers. Glaucoma eye exam available for some.

Knights Templar Eye Foundation.....212-888-0220

www.knightstemplar.org

Provides assistance for eye surgery for people who are unable to pay or receive adequate services from current government programs or other sources.

Vision USA.....(800) 766-4466

www.aoa.org

Provides free eye care to uninsured, low income workings and families. Eligibility based on income and household size.

Lions Clubs International.....(headquarters) (630) 571-5466

www.LionsClubs.org

Provides financial assistance for eye care through local clubs. Eligibility based on income and household size. Applications submitted at WCHS, Service Intake, Mon-Fri 7:30am-4pm, 1st floor Swinburne Bldg, 212-7000

Prevent Blindness NC.....755-5044

4011 West Chase Blvd. #225, Raleigh 27607

www.preventblindness.org

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency.

NC Association of Educators.....(800) 662-7924 ext 205

www.ncae.org

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

Sight for Students.....(888) 290-4964

www.sightforstudents.org

Vision Service Plan program that provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.

ZenniOptical.....(800) 211-2105

www.zenniOptical.com

Online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, or gift card (visa or mastercard) to make purchase.

WCHS.....856-5974

401 East Whitaker Mill Rd, Raleigh 20608

Contact for appointment Mon-Fri 8am-5pm. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

MEDICAL-HEARING AIDS

Lions Clubs International.....(Headquarters) 630-571-5546

www.LionsClubs.org

Provides financial assistance for hearing aids through local clubs. Eligibility based on income and household size. Contact Wayland Rhodes Jr. 733-6659/872-7770 locally.

NC Services of the Deaf and Hard of Hearing.....890-0859
(voice/TTY) 800-851-6099

www.dhhs.gov

Foundation for Sight and Sound.....(866) 432-7500

www.foundationforsightandsound.org

EarQ provider participation required; call for provider in your area. No hearing aid benefits, yearly income below \$25000, and co pays may apply.

Miracle Ear Children's Foundation.....(800) 234-5422

www.miracle-ear.org

Must be age 16 or younger. Application required, medical documentation (medical clearance from DR. audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website.

NC Assistive Technology Program.....(800)662-7030

www.ncatp.org

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life.

PREGNANCY & CHILD CARE

Birthchoice.....781-5433

3820 Merton Dr. #219, Raleigh 27609

www.birthchoicewake.org

Free pregnancy testing, Free limited ultrasounds. Abortion information and post- abortion counseling. Referral and resources for maternity homes and adoption agencies.

Community Partnerships, Inc.....781-3616 ext. 235

3522 Haworth Dr., Raleigh 27609

www.communitypartnerships.org

Early intervention services for children age 5 and younger who have a disability or who are at risk for a disability/ Offering assistance with daycare, preschools or after school programs. Inclusion assistance also offered.

North Carolina Department of Health and Human Services ...662-4499

Division of Child Development Toll free in-state 1-800-859-0829

2201 Mail Service Center, Raleigh, N. C.

See State Child Care Licensing Office below.

Planned Parenthood833-7526

100 S. Boylan Ave., Raleigh 27603

www.pphsinc.org

Preventive reproductive healthcare and education

Life Care Pregnancy Center873-2442

1001 Navaho Dr., Suite 101, Raleigh 27609

Provides support for women, men and their families 24/7 free of charge.

Offers counseling and information to allow the person to make an informed choice.

State Child Care Licensing Office662-4499
(Regulatory Services Section) Toll free NC residents only 1-800-859-0829
319 Chapanoke Rd., Suite 120, Raleigh, N. C. 27699-2201
2201 Mail Service Center, Raleigh, N. C. 27699-2201
Regulates the health, safety, and well-being of children in out-of-home care;
provides support and quality control services to child care providers.
<http://www.ncchildcare.net>

Wake County Health Department.....212-7000
10 Sunnybrook Rd, Raleigh 27601
Women’s Clinic F provides pregnancy testing and Clinic G provides
prenatal care for uninsured and low income. Maternal Care Coordination is
offered to the prenatal patients. Nurse Family Partnership program works
with 1st time mothers.
WIC Program provides various food and supplies for mothers and their
newborns to enhance healthy outcomes.

Wake County Child Care Subsidy Program 773-7600
Main location: 220 Swinburne Str., Raleigh NC 27620
Southern Regional Center: 130 North Judd Parkway NE, Fuquay, N. C.
27526....557-1076
Northern Regional Center – 350 E. Holding Ave., Wake Forest, N. C. 27587
.....463-8439
Only available for families in Wake County. Provides financial assistance to
parents for their child care needs. The child care subsidy is based on an
assessment of need, income and family size. If the person is eligible, the
case manager will assist in finding a program that meets the needs of the
child/children. Parental choice is honored whenever possible. Parental
fees are assessed for families who are income eligible.

REFUGEE PROGRAMS

Lutheran Family Services in the Carolinas.....(919) 861-2807
Raleigh Office: 112 Cox Avenue, P. O. Box 12287, Raleigh, N. C. 27605
www.lfscarolinas.org
Provides a variety of refugee and immigration services. Offers immigration
counseling, refugee social services, sponsorships and assistance with
resettlement

NC Justice Center.....856-2570
224 Dawson Str., Raleigh 27611
www.ncjustice.org

USCRI-Raleigh/ Boat People SOS.....334-0072
3801 Lake Boone Trail Ste. 200, Raleigh 27605

www.uscri.org
www.bpsos.org

Working on human trafficking and refugee resettlement. Emergency relief and recovery, domestic violence, labor exploitation, citizenship preparation, livelihood development, and workforce readiness training.

State Refugee Coordinator.....733-4650
325 Salisbury Str., Raleigh 27603

SENIOR RESOURCES

Council for Senior Citizens.....688-8247
406 Rigsbee Avenue, Suite 202, Durham 27701
www.councilseniorcitizens.org

Division of Aging and Adult Services,.....733-3983
Taylor Hall, 693 Palmer Drive
Mailing Address: 2101 Mail Service Center, Raleigh, N. C. 27699-2101
www.dhhs.state.nc.us/aging

Triangle J Area Agency on Aging.....484-0123
4307 Emperor Blvd., Ste., 110, Durham 27703
www.tjaaa.org
Provided training, education, and outreach for county based aging programs. The Ombudsman Program, Advisory Council on Aging, and Family Caregiver Support can be contact here.

National Caucus and Center on Back Aged..... 484-0123.
.....or733-8395
2500 Meridian Pkwy., #106, Durham 27713
www.ncba-aged.org/ www.tjaaa.org
Older Worker Program is administered through this agency. This program provided temporary full-time or part-time employment typically at non-profit agencies for minimum wage.

Eastern NC Chapter of the Alzheimer's Association832-3732
1305 Navaho Dr. #101 Raleigh 27605 1-800-228-8738
www.alznc.org
Alzheimer's research and care giver information and education

Hospice of Wake County828-0890
250 Hospice Circle, Raleigh 27605
www.hospiceofwake.org
Providing end of life care and resource information

North Carolina Assisted Living Association467-2486
3392 Six Forks Rd., Raleigh 27608
www.ncala.org
Information regarding assisted living facilities in NC

Resources for Seniors872-7933
1110 Navaho Dr., Suite 400, Raleigh, N. C. 27609
www.resourcesforseniors.com
Provides information on support services, affordable senior housing, medical care, facilities, etc.

City of Raleigh Retired Senior Volunteer Services831-6295
310 W. Martin St. #201, Raleigh 27602
www.raleigh-nc.org/communityservices/rsvp
Match seniors age 55 and older with volunteer activities that serve vulnerable senior in the Raleigh area.

Senior Center Telecare / Friendly Visitor Programs856-6444
401 E. Whitaker Mill Road, Raleigh, N. C. 27608
Provides outreach services by phone or 1 hour weekly home visit.

Center for Volunteer Caregiving.....460-0567
975 Walnut Str., #311, Cary 27511
www.volunteercaregiving.org
Provides transportation, respite care, visiting, phone calls, and light housekeeping and yard work.

Wake County Human Services (Senior/Adult Services).....856-5833
Whitaker Mill Rd., Raleigh
Providing short term generic case management to bridge consumers with community services

www.ssa.gov
Help with Medicare prescription drug premiums. Form SSA-1020.

North Carolina SHIP800-443-9354
www.ncshiip.com

Senior's Health Insurance Information Program (SHIIP) is a consumer information division of North Carolina Department of Insurance that assists people with Medicare, Medicare Part D, Medicare supplements, etc.

www.ncdoi.com

Answers questions and counsels Medicare beneficiaries about Medicare supplements, Medicare Advantage, Medicare prescription plans, long term care insurance and other health concerns.

Wake Community Resource Connection (Wake CRC).....713-1530

www.wakecrc.org

Provides Options Counselors that can help identify and connect the elderly and disabled and care-givers to service options available to them in the community.

TRANSPORTATION

Accessible Raleigh Transportation (A.R.T.)890-3459

www.raleigh-nc.org

The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services:

Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability.

Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA). Call for instructions on how to apply.

C-Tran481-2020

www.townofcary.org

Hours of operation Monday-Saturday, 6:00 a.m. to 7:00 p.m.

The Town of Cary provides two types of service: fixed route and door-to-door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 55 years old will continue to have the option of door-to-door service. Cost is \$2.00 each way in Cary; \$4.00 for out of town (Chatham, Durham, Orange or Wake Counties for work). Registered seniors and disabled passengers pay \$1.00 each way from 10:00 a.m. to 3:00 p.m. for trips in Cary. Children aged 6 and younger ride free. Make a reservation to ensure a seat 2 hours to 2 weeks in advance.

Capital Area Transit (CAT).....828-7228

1430 & 214 S. Blount St., Raleigh 27603

www.raleigh-nc.org/transit

Call for information and schedule.

Resources for Seniors, Inc.872-7933

1110 Navaho Dr. #404, Raleigh 27609

www.resourcesforseniors.com

Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.

Traveler's Aid (Cornerstone)508-0777

220 Snow Avenue, Raleigh 27603

One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler.

Triangle Transit Authority (TTA).....485-7433

4600 Emperor Blvd. #100, Durham 27703

www.triangletransit.org

Office Hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Mon-Fri 6:00 a.m. – 10:30 p.m.; Sat 8:00am-5:30pm. Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center

Wake County Transportation Center212-7005

220 Swinburne Rd., Raleigh, N. C. 27610

www.wakegov.com

Monday – Friday, 8:00 a.m. – 5:00 p.m.

Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.

Medical transportation through Medicaid and other transportation services for Wake County citizens.

TRACS (Wake County Human Services).....212-7005

220 Swinburne Rd., Raleigh 27610

www.wakegov.com

Transportation to residents of non urbanized areas of the county. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 7:00am-12:00pm and 1:00pm-6:00pm.

Wolfline.....515-3424

2721 Sullivan Dr., Raleigh

www.ncsu.edu

Open to students and the general public. No fare or Student ID required to ride. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service.

Wheels for Hope.....832-1941

929 S. Saunders Str., Raleigh 27603

www.wheels4hope.org

Faith based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tuesday and Thursday from 9:00am-4:00pm.

VETERAN'S SERVICES

Durham VA Hospital 286-0411

Raleigh VA Clinic.....212-0129

3305 Sungate Blvd., Raleigh 27601

Medical Care available @ 508 Fulton St, Durham and at the Raleigh Clinic. Limited transitional, housing for homeless veterans. Primary care and behavioral services.

Employment Security Commission, Raleigh.....212-3849 ext250

3351 Carl Sandburg Crt., Raleigh 27610

Homeless and formerly incarcerated veterans programs offering employment assistance, veteran's benefits information, shelter, food, educational assistance, legal assistance, drug and alcohol treatment referrals, and mental health treatment referrals.

NC Division of Veteran's Affairs 733-3851

1325 N. Salisbury Str., Raleigh

www.doa.state.nc.us/vets

State level office that assists veterans and their dependents with applying for and obtaining veterans benefits. Open Monday thru Friday from 8:00am-5:00pm.

The Raleigh Vet Center..... 856-4616

1649 Old Louisburg Road, Raleigh, NC 27601

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors. Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

The Raleigh Vet Center II..... 899-6259
3040 Hammond Business Place, Ste. 105, Raleigh 27603
Counseling provided for substance abuse and mental Health on and outpatient basis.

Wake County Human Services Veterans Services212-8387
3000 Falstaff Rd, Raleigh 27610
Assists veterans with obtaining military paperwork, employment assistance, medical care, help with transportation and other services for veterans.

Veterans Services.....857-9428
1420 S. Wilmington St., Raleigh 27603 (Men’s Shelter)
Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

Veterans Services.....508-0777
220 Snow Ave., Raleigh (Cornerstone Bldg.)
Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services. Thursdays from 1:00pm-4:30pm.

National Record Center.....(314)801-0800
9700 page Ave., St. Louis, MO 63132-5100
www.archives.gov
Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20th century. Records prior to WWI see National Archives Building in Washington DC.

US Department of Labor.....(866)487-2365
3rd Str. NW, Washington DC
www.dol.gov.vets

www.NationalResourceDirectory.gov
Online partnership for wounded, ill, and injured service members, veteran, families, and those who support them.

National Call Center for Homeless Veterans.....(877) 424-3838
www.va.gov
Providing transition services to discharged and wounded veterans. One on one employment assistance.

YOUTH SERVICES

Boys and Girls Clubs of Wake County.....834-6282
701 N. Raleigh Blvd., Raleigh 27601

www.wakebgc.org

Offers arts, sports, health, life skills, educational and career development, and character and leadership development in a fun atmosphere. Open after school from 2:30pm- 8:00pm daily. Programs are administered and supervised by trained and caring staff.

Youth & 4H.....250-1100
4004 E Carya Dr., Raleigh 27610 (NC Extension Bldg.)

www.wakegov.com

4-H club , summer camps, teen programs, leadership experiences, afterschool programs.

City of Raleigh Parks and Recreation.....831-6640
2401 Wade Ave., Raleigh 27607

www.raleigh-nc.gov

Various youth oriented programs, camps, recreation, tutoring, arts programs, and character education. Facilities located Raleigh and surrounding areas.

City of Raleigh Youth Services.....966-6100
310 W. Martin Str. #201, Raleigh 27601

Vocational, educational, and social skills training. Offers summer employment opportunities also age 14-21.

Work Force Investment.....733-4151
301 N. Wilmington Str., Raleigh 27601

www.capitalareaswdb.com

Young people ages 14-21, out of school youth or at risk of dropping out. Tutoring, employment opportunities (paid and unpaid), mentoring, occupational skill training, leadership development, alternative secondary school.

NC Theatre 4 Change.....855-9960
1 East South Str., Raleigh 27601

www.nctheatre.com

Using theatre games, exercises, role playing tactics, and processing to facilitate constructive conflict resolution strategies. Children in 4th-9th grades. Programs at various community centers.

Job Corps.....(Raleigh) 954-0691

1096 US Hwy 1 South, Kittrell 27544.....(252)438-6161
www.jobcorps.gov
Education and job training program. Must be between ages of 16-24. No cost to participants and family. Some stipends for living expense provided.

Tarheel Challenge Academy.....(910) 525-5520
600 N. Main Str., Salemburg 28385 (800) 573-9966
www.ngycp.org
Mission to improve the life coping skills and employment potential for high school drop outs and expellees. No cost to families. Quasi-military program. No military obligation upon completion of program. Anyone can recommend a candidate.

Kids Peace.....872-6447
3109 Poplarwood Ct. Cedar West Bldg #310, Raleigh 27604
www.kidspeace.org
Foster care, community support, outpatient counseling, juvenile justice programs

Haven House.....833-3312
600 W. Cabarrus Str., Raleigh 27603 (Main office)
www.havenhousenc.org
Ages 10/17. Teen shelter offering day program day program for long-term suspended youth (SCORE), community service, life skills training, counseling, Second Round athletic program, diversion and intervention programs. Outreach Center for homeless youth ages 16-23 located at 832 Wake Forest Rd., 919-896-7865, Mon, Wed., & Fri 1p-5p, offering shelter, food, hygiene, and crisis counseling. Also scattered sits apartment program offered.

YMCA.....719-9633
801 Corporate Center Pkwy #200 (Admin. Office, Raleigh)
www.ymcatriangle.org
Several locations in Wake County. Summer day camps, after school programs, track out programs, fitness, sports, and fitness.

Youth Empowerment Solutions.....878-8777
4418 Louisburg Rd., Ste.13, Raleigh 27616
www.youthempowermentsolutions.org
Y.E.S! Academy (Youth Empowerment School) is designed to empower, educate youth for personal growth, leadership development, creativity, financial literacy, volunteerism, and civic education.

Big Brother Big Sister.....850-9772
1600 Hillsborough Str., Raleigh 27605
www.bbbs.org
Volunteer organization for mentoring youth

100 Black Men.....662-4925
P.O. Box 26365, Raleigh 27611
www.100-blackmentriangle.org
Providing mentoring, education, health and wellness, economic development, and leadership skills to young men.

Backpack Tutoring.....800-8787
www.backpacktutoring.com
Our tutor program places volunteers in elementary schools throughout Wake County for children in grades K-5 at no cost to the school or the parents. Our tutors work one-on-one with children who are below grade level in math, reading, and writing and at risk of retention.